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**ABOVEGROUND**

PO Box 1656

Allentown, PA 18105-1656

## Editor Speaks!

### On the cover

*View of Linden Street in Allentown after the infamous "Blizzard of '96"*

For many, the winter storm of January 7 has already become a forgotten memory. Surely those of us who had to tough it out in the "Queen City" are feeling no loss of recent memory. After Mother Nature gave Allentown her best shot, she was the only one capable of curing the ill. There is no question in any Allentonian's mind (except perhaps the Mayor and a few other privileged few) that the city's efforts in dealing with the snow could at best rate a 1 on a scale of 20. Had it not been for the unseasonably warm weather that followed, we'd probably still be getting around in toboggans on one-lane/two-way streets. Hooray for the Mayor, at least he was able to get his street cleared.

M.Hemphill  
Editor

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*The businesses who advertise in AboveGround magazine make it possible to bring it to you each month. Just as they support our community and this publication, we urge you to support their businesses and to let them know that you saw their ad here, in AboveGround magazine.*

4

# A Look Back

## A New Year, A New Queen

Saturday, December 23, Diamonz celebrated their third Anniversary of continuous business. A festive party drew the crowd out, sporting activities in all areas of the bar. A complimentary buffet was served in the game-room, a 1.3 karat diamond stud earring was given away in the disco, while Darlene Birdsong sang to a crowded room in the lounge.

Lenora, Diamonz' owner, noted that they had a record crowd for the party, and that they look forward to a great year ahead. They have plans to expand their outside area, currently used for volleyball tournaments, to include a picnic area. The disco will also see the arrival of Video in the near future.

We salute Diamonz in their accomplishment of 3 years business and wish them many more successful years.

On Thursday, January 25, just before this issue of AboveGround was sent on to print, Diamonz held their "Ms Diamonz" contest for the reigning title of 1996. An appreciative crowd cheered-on the seven contestants as they put on a rousing evening of entertainment. The winner of the crown was Corrine Michaels with Page Turner following closely as first runner up. Due to the late date of the Pageant, we were unable to provide pictures of the event, but we will present them, along with more of the evenings details, in the next issue. ***Congratulations to Corrine on her triumphant performance!***



above:

*Space Drag??... "It scares me!"*  
- Maxi Carter wows the Wall



PRESENTS...

The 5th Annual  
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## FACT House Parties Big Success

Over the months of November, December and January, friends of FACT(Fighting AIDS Continuously Together) held various holiday parties to raise money for the organization. In all, five parties raised over \$5000.

Brian Marks, FACT President and House Parties co-chair with Robin Cook, noted that the House Parties will continue throughout the year for 1996 with a goal of \$9000 in funds raised. Although called the FACT House Parties, Marks explained that the fundraising parties can follow just about any format. There are already a couple of pool parties planned as well as a 4th of July Party.

If you are interested in hosting a "House Party" to help raise money for FACT, please contact Brian or Robin through the FACT office at (610)820-5519.

And mark your calendars for the next FACT sponsored event, "Casino for a Cause." The event is being planned for Saturday, March 30 and promises to be a great day of fun!

## Poetry

[UNSENT LETTER, MADE PUBLIC]

Dear Jack,

Cactuses are sensitive.

They need sunlight, and air, and water, and a lot of caring. Sometimes they need talking-to, and sometimes fertilizer; but after all is said and done, they're beautiful.

Several are at my kitchen window. One looks like the Easter-Bunny, in abstract; another like a cross between an artichoke and a rose; another like Jeff Stryker, for real; another, a green orange as a serrated, spinning top.

Seriously, the tea-pot is empty. Standing in the bathroom with the lights off, the moon and streetlights shine through the stained-glass windows; I'm listening to Smashing Pumpkins, and thinking I'm just happy to be here.

Yours,  
Bill.

(William Benson)

# The Scarab

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is back!!**

**Monday  
February  
12**

*Your hosts:*  
Brian (owner)  
Keith (manager)



**Mondays:**

- \* Drink Special 10-12

**Tuesdays:**

- \* Drink Special 10-12
- \* Karaoke 10pm-2am

**Thursdays:**

- \* Drink Special 10-12
- \* Oldies Night
- \* DJ 10pm - 2am

**Wednesdays:**

- \* Special Happy Hour
- \* Coupon Night

**Fridays and Saturdays:**

- \* Special Happy Hour  
8pm - 10pm
- \* DJ 10pm - 2am



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# Coming Events

DATE	TYPE	EVENT	TIME	LOCATION
FEB. 3	L	KATE & CJ	9PM	DIAMONZ
3	S	THE OXY-MORONS	8-11PM	OPEN SPACE GALLERY
7	ST	MALE STRIPPERS	11PM	CARTWHEEL
7	D	TINSEL GARLAND	12AM	STONEWALL
8	B	MEN'S NIGHT OUT	CALL	B-TLS
8	***F	DINING OUT FOR LIFE	5:30PM-11PM	CARTWHEEL
9	B	ALL WOMEN'S MUSIC NIGHT	CALL	B-TLS
10	L	DAMZELS	9PM	DIAMONZ
10	L	JIMMY LAWRENCE	8-9:30PM	OPEN SPACE GALLERY
10	***F	THE RAINBOW BALL / BGLA	7-11PM	The Riveredge, READING
10	***D	The 2nd Annual Miss Northern States	CALL	Warwick Hotel, PHILA.
11	***P	LADIES Special Valentine's Party	CALL	CARTWHEEL
11	***P	THE 1st Annual VALENTINE'S BALL	6PM	DIAMONZ
12	D	FABULOUS DRAG	CALL	SCARAB
14	meeting	GENERAL MEETING - LVGLTF	7:30PM	NCC
14	***S	The 5th Annual NEWLYWED GAME	10PM	CANDIDA
14	D	TINSEL GARLAND	11PM	CARTWHEEL
14	***D	SWEETHEART BALL w/ Maxi Carter	CALL	STONEWALL
16	***P	The 2nd Annual MARDI GRAS PARTY	CALL	STONEWALL
16	***S	EMMY GAY & BILL GRABER	11PM	STONEWALL
17	L	Don Horton's Sounds of the City	CALL	OPEN SPACE GALLERY
18	F	BINGO to benefit LVGLTF	3PM	DIAMONZ
18	***L	THE IBAGUE BAND	7PM	DIAMONZ
18	F/D	The Girls of the Lehigh Valley for FACT	CALL	STONEWALL
19	meeting	GENERAL MEETING - LV-LGLV	CALL	CALL
21	ST	MALE STRIPPERS	11PM	CARTWHEEL
21	D	TINSEL GARLAND	12AM	STONEWALL
22	B	MEN'S NIGHT OUT	CALL	B-TLS
22	S	TALK SHOW TRAMPS (one show only)	11:30PM	STONEWALL
23	SO	Dancin' The Night Away	8-11PM	OPEN SPACE GALLERY
24	L	LAURA RICCABONO	9PM	DIAMONZ
27	F/SO	GAY & LESBIAN ROLLER SKATING	7:30PM-10:30PM	SKATEAWAY, Whitehall
28	D	TINSEL GARLAND	11PM	CARTWHEEL
28	***	SHEHECHIANU Theatre Workshop	CALL	OPEN SPACE GALLERY

## EVENT TYPE CODES

**P - PARTY   L - LOUNGE/ LIVE VOCAL   ST - STRIP SHOW   S - MISC. SHOW   SO - SOCIAL EVENT  
D - DRAG SHOW   F - FUND-RAISER   \*\*\* - SPECIAL EVENT   B - BAR PROMO   SP - SPORTS EVENT**

*Note: The Coming Events section is provided as a voluntary service to the community. Due to the chance of typographical error, schedule changes, or inadequate source information, we strongly suggest that you use it as a guide, and call the individual organizations for more information and/or confirmation.*



## **SUNDAY**

- KARAOKE / DIAMONZ / 9PM-2AM
- KARAOKE / STONEWALL / 10PM-2AM
- ELAINE PAXSON / CARTWHEEL

## **MONDAY**

- ALL AGE NIGHT / STONEWALL / 10PM-2AM
- DRAG SEARCH w/ Monica Rey / CARTWHEEL

## **TUESDAY**

- KARAOKE / DIAMONZ / 9PM
- KARAOKE / SCARAB / 10pm-2am
- LADIES NIGHT / CARTWHEEL (starting 2/13/96)

## **WEDNESDAY**

- COUPON NIGHT / SCARAB
- MOVIE NIGHT / DIAMONZ
- POOL LEAGUE / CANDIDA 8PM

# goin' on **Weekly**

## **THURSDAY**

- POOL LEAGUE / DIAMONZ / 8PM
- KARAOKE / DIAMONZ / 9PM-2AM
- OLDIES NIGHT / SCARAB
- KARAOKE / CANDIDA / 10PM-2AM
- CLASSIC DISCO / Cartwheel / 9pm
- Backgammon & Game Night / B-TLS

## **FRIDAY**

- Country-Western/Diamonz/7:30-10:30PM
- DJ Request Night/Diamonz/10:30-2:00
- MICHAEL FERRERI/CARTWHEEL

## **SATURDAY**

- ELAINE PAXSON / CARTWHEEL



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by Jacqueline Marish, M.A.

## Once Married Lesbians

This article is based on another from the professional journal, *Journal of Counseling and Development*, dated Nov./Dec. 1994. The article was written by a doctoral student and an assistant professor in the counseling psychology department at Western Michigan University. They are Karen Bridges and James Croteau.

Bridges & Croteau address the issue of helping women who have undergone a significant life transition from heterosexual marriage to a lesbian life pattern. They challenge we psychotherapists to play an important role in "minimizing the pain and maximizing the growth in such a change" because we, as psychotherapists, are facilitators of life transitions. We are particularly called upon, through this article, to facilitate this process by helping the women to develop a positive identity as a lesbian; adapt to their relationships with female partners; and deal with work-related issues arising from the changed life patterns.

The article begins by addressing the diversity of experience among once-married lesbians. They note that theoretical and empirical literature have identified several reasons accounting for the fact that women who presently present as lesbians were once involved in heterosexual marriages. One obvious reason is what lesbian activist and writer Adrienne Rich refers to as "compulsive heterosexuality." This societal training may cause women to disregard cues that might lead them to seek other women as sexual partners. In addition to this, there is the added factor of a lack of awareness of the concept of homosexuality. Another factor, particularly prior to the 1960's, was an economic one. Women were, and still are in many situations, financially vulnerable, poverty could be a reality, and men were to

be depended upon (financial codependency). An understanding of how a woman came to marriage is an essential element for a therapist seeking to assist a woman's life transition.

A shift in sexuality can be explained in two general ways. One is the mere process of self-discovery. These are women who came to realize their lesbianism and acted upon their insight. This in no way means that they were not sincerely committed to motherhood and the nuclear family; their commitment was sincere, what wasn't applicable was the sexual aspect involved in heterosexual family life. A second explanation for the shift in sexuality is a choice approach. These women, politically aware, recognize freedom of choice. They perceive their ability to be lesbian, bisexual, celibate, or heterosexual. These were women who were aware of, and most likely involved in, women's culture and politics.

Bridges & Croteau address the idea that there are several types of life events that support the transition of the once-married lesbian. One typical life event was a serious illness either of the woman directly or of one of her parents. This caused serious self-examination and a determination to honor one's life path. Another life event was the ending of the marriage; again this was a trigger for re-evaluation of the meaning and direction of one's life. Another trigger life-event was a period in which they lived a celibate sexual life, involved themselves in activities without men, realized they could be happy without men being active in their lives. A fourth life-event was the women's movement which not only allowed but actively encouraged cognitive restructuring. A fifth life-event was coming to an accurate perspective and understanding of the lesbian stereotype. Therapists need to recognize this range of life-events that may stimulate reconsideration.

Although change and transition are common adult experiences, a significant change from heterosexual life to homosexual life touches all areas of a person's being. To ease the transition a therapist needs to help a client evaluate their resources and deficits in four major categories. These include evaluating the situation (expected or unexpected, voluntary or imposed); evaluating their sense of self; their support systems; and their strategies with coping with change.

Growth and change can be difficult for any of us. Those of us who have already made the transition need to be accepting of others who have just entered the transition process. We need to respect their fears, questions, uncertainties. We need to allow them to move at a pace that's comfortable for them. By respecting their pace we set a good example of the lesbian community, and their adjustment can proceed smoothly and positively.



# Steve Black

Attorney

Vice Chair  
League of Gay &  
Lesbian Voters

1322 Center Street  
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MAGAZINE

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# The Ibague Band



**Sunday  
Feb. 18**

7pm - 2am

### TICKETS

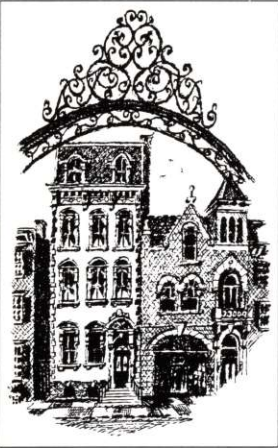
\$5 in advance  
\$7 at the door

1913 W. BROAD ST. ▼ BETHLEHEM, PA ▼ 610-865-1028

**DIAMONZ**



# Art



Every time the reeking ball takes down a classic old building, we not only lose a piece of history, we are separated from a work of art. The beautiful workmanship; the vast vertical rises; the attention to details unheard of in today's construction. These were buildings of true pride, personality and charm.

No one is more aware of this shameful loss of our visual heritage than is Timothy George Hare, our featured artist for the month. Hare relocated to Easton in the mid-seventies almost by accident. While suffering



from a severe case of jet-lag, after returning from abroad, he was stopped over in Easton on his way back to Harrisburg, his hometown. Having just spent time in Australia, the historic city buildings of Easton reminded him of England and his fondness for its charm. He stayed on and opened his first gallery at 32 N. 3rd street in 1976.

Hare would move on to New York City a year later, but returned to Easton in the early Eighties. Since that time he has proven to be a strong force in slowing the ongoing demolition of the city's historic and unique architecture. As such, his somewhat accidental landing in the Lehigh Valley turned out to be a blessing to the area.

Many of Timothy Hare's artistic works have been dedicated to these and other architecturally unique buildings. His pen and ink drawings have gained international favor through publication in books both here and abroad. *Vanishing Ink*, his first book published, depicts images of Australia which he drew while they, almost literally in some cases, vanished before the ink could dry. A year later in 1976, his first book was published in this country, *Vanishing Ink-Pennsylvania*. In it, as in his later book; *Easton Inksapes*, he has drawn images of area buildings and monuments that to him showed distinctive architectural beauty. Some of his pen & ink drawings are illustrated here within the article.

Hare's paintings, as his other works, have been shown in exhibitions and shows all over our area as well as abroad. Some of his current works, such as the painting shown at



Curt & Wally's

## ALL MALE GUEST HOUSE

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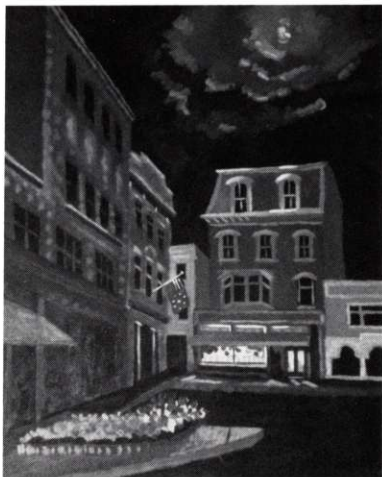
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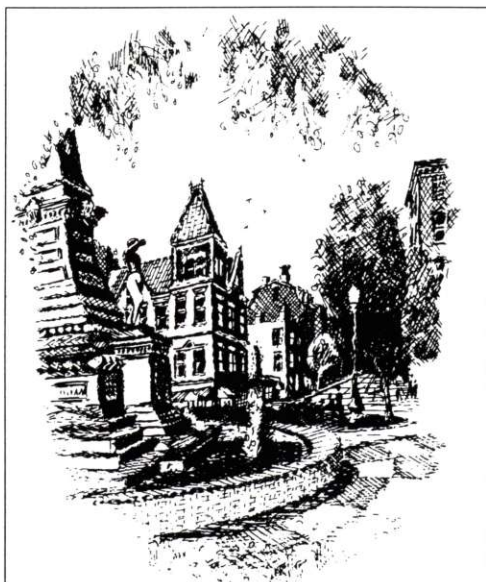
upper right, are currently available courtesy of the *Connexions* Fine Art & Antique Gallery located at 213 Northampton St., Easton. Although Hare does paint other subjects, the beauty of architecture often shows itself within them. A good example of this is his work titled "The Dis-



ease That Dare Not Speak Its Name." This painting, which he donated for auction to F.A.C.T. in 1992, depicts two sets of male nudes with the Dome of the Pennsylvania Capital Building looming in the center. The Nudes are modeled after the white marble sculptures that flank the front stairs of the actual building. The painting was purchased by the Stonewall bar in Allentown where it is often displayed in their disco.

Recently, Hare opened a new studio to the public at 241 Northampton Street, Easton. This marks the twentieth anniversary for Hare Fine Art Studios as well as that of his commitment to Easton's art and historic architecture. There will be a grand opening of the Studio on Saturday, March 30 from 4 PM to 7 pm. The celebration is open to the public and all are encouraged to attend.

If you would like more information about Timothy G. Hare works or the Studio hours, please call (610)515-0757.



## SHOWINGS

### The Blue Ribbon Gallery

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Pastels by award winning

### DRESSLER SMITH

Featured works of

### MICHAEL ISKRA

acrylics - oils - pastels - etchings - nudes

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### Alters, Shrines, & Totems

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place to be!!!

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D.J. Dancing - Fridays & Saturdays: \$3.00 Cover

*You must have your I.D. on your person at all times.*

### Friday, February 9 All Women's Music Night

We'll only be playing music by Women's Groups  
<< Supremes - Go Go's - Indigo Girls - Etc >>

Building is available 6 days a week for private parties,  
holy union ceremonies, and special events.



## **12** Thoughts on a Pen Argyl Teacher and Sex Education by Steve Black

A Pen Argyl Middle School Teacher was suspended without pay for two weeks during the last school year when she answered three questions on sex during her health class. On December 13, 1994, Anita Kotoris, passed out slips of paper to her sixth grade health class and told the students they could write down any question and she would answer it. One of the questions asked her to explain sexual intercourse, two others asked about what gay men and lesbians do in bed, and another asked her to explain the sexual position 69. Ms. Kotoris answered all of the questions, just as she had promised the students.

Some of the students in the class told their parents of the days events. The parents complained to the Pen Argyl School District Administrators who conducted an investigation. The matter eventually was brought before the School Board which suspended Kotoris for two weeks without pay. Some parents of the children in the class were not satisfied with the board's decision. They began circulating a petition calling on the board to fire Kotoris. The petition, containing 165 signatures, was presented to the board during its November 1995 meeting. John Thorn, whose daughter was in the class, addressed the board saying, "Our children were extremely embarrassed and uncomfortable. In their words, they were completely grossed out... We feel Miss Kotoris' actions display a total disregard for the emotional capabilities and maturity of our children, we wonder if due to the graphic and explicit nature of this information, psychological and or emotional damage could result."

This school year several parents have pulled their children from Ms. Kotoris' 7th grade Sex Education course, and those students sit in the hallway doing homework for other courses. A new group, the Methodist Mothers, formed and has been pressuring the school district on this and other issues. The School Board has declined to take any further action on the issue, feeling that its suspension was sufficient. Ms. Kotoris has appealed the Board's suspension and the matter is going to arbitration.

The whole incident is tinged with homophobia. The controversy is a direct result of the School's curriculum not adequately including discussions of homosexuality, gay men and lesbians. This leaves students with questions and teachers at a loss for how or when to answer those questions. The district must be called on to answer this question: If the sixth grade course is not the appropriate time to address these questions, in what grade and in what course are discussions of homosexuality, gay men, lesbians and other sexual orientation appropriate.

While circulating their petitions, the parents told signers that the teacher was a lesbian. They played on stereotypes and fears about gay men and lesbians and children. They purposely tried to force the School Board to fire Ms. Kotoris because they perceive her to be a lesbian.

The administration and the district failed gay and lesbian students. Gay and lesbian students see a teacher perceived to be gay under attack. The students learned that

even mentioning gay men and lesbians has the possibility of getting a person fired. The school boards' action sends a chilling message to all teachers in Pen Argyl and in other districts. That message is "Do not discuss gay men and lesbians in the classroom." All teachers will now be reluctant to answer questions about gay men and lesbians, and even worse, they will be afraid to counsel gay and lesbian students who may be struggling with their sexual orientation. Teachers will fear they will come under public attack or lose their job.

I wonder how traumatized the students actually were. Apparently, some of the students had thought about or heard about gays and lesbians before. I know 11 and 12 years olds watch Roseanne and Oprah. Certainly it is not a shock that gay men and lesbians exist. I am sure each of those students has heard more explicit conversations about homosexuality on the school bus than anything Ms. Kotoris said in her class.

Ms. Kotoris should be commented for having the courage to answer student's questions. She made a promise to her class that she would answer each and every question. She fulfilled her promise. She assured the students that she would give them the information that they wanted. She chose to provide her students with information rather than allowing them to remain ignorant on the subject. Certainly, her answers were short and the subject of sexual orientation deserves more attention to detail than the quick answers Ms. Kotoris provided. Our schools must move to provide more information on homosexuality, gay men, lesbians and other issues surrounding sexual orientation through the curriculum. And yes, this should start as early as the 6th Grade.

In 1992 the State Board of Education amended the regulations governing Pennsylvania's schools. The regulations prohibit discrimination in educational programs on the basis of sexual orientation. Educators make a mistake by approaching sex education with the assumption that all students are heterosexual. This fails gay and lesbian students by not providing them with a comprehensive sexuality education that includes the information on their needs. Gay and lesbian students must be given the information and knowledge about themselves and their bodies and feelings. This will help students struggling with their sexual orientation.

**NOTE:** The Lehigh Valley Gay and Lesbian Task Force is attempting to schedule a meeting with administrators in the Pen Argyl School District to discuss issues of discrimination and inclusions of homosexuality in the school sex education curricula.

***(Steve Black is a Bethlehem Attorney who serves as Vice Chair of the Pennsylvania League of Gay and Lesbian Voters. He also served on the Pen Argyl School Board from Dec. 1991 until Oct. 1994.)***



# Where the Big Boys Play !

Saturday, Feb. 3 & 17

**MICHAEL OGBORN**

In the Lounge 10:30-1:30

Wednesday, Feb. 7 & 21

**TINSEL GARLAND**

Showtime - Midnight

Wednesday, Feb. 14

**SWEETHEART'S BALL**

with **MAXI CARTER**  
& *the Girls Behind the Wall*

Friday, Feb. 16

The 2nd Annual

**MARDI GRAS PARTY**

featuring

**EMMY GAY &**

**BILL GRABER**

in *"No Family Values"*

Thursday, Feb. 22

One Night Only!!

**TALK SHOW TRAMPS**

11:30 in the Disco

Sunday, Feb. 18

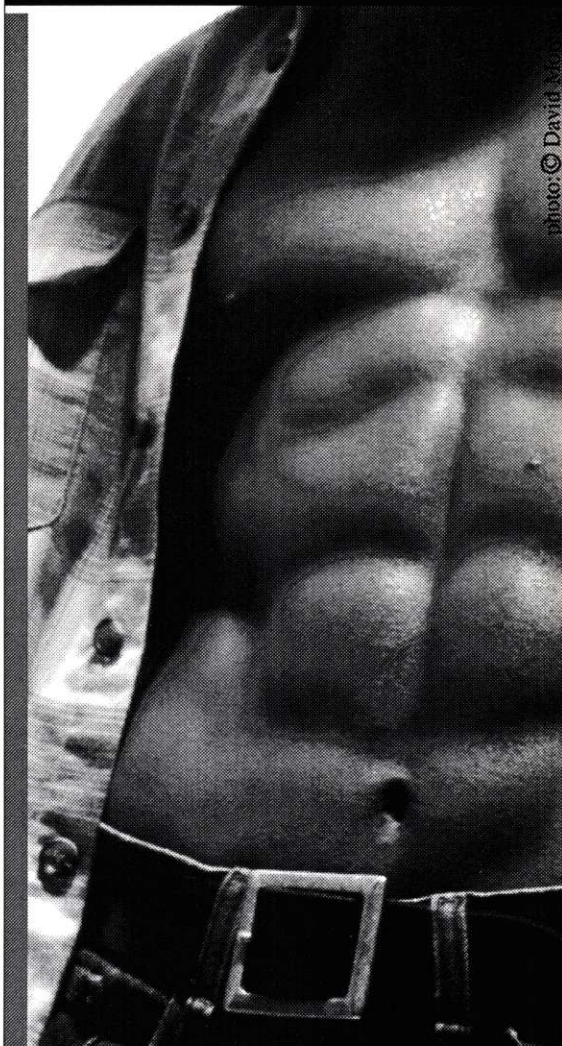
**The Girls of the Lehigh Valley**

Benefit for F.A.C.T.

Saturday, Feb. 24

**MICHAEL FERRERI**

In the Lounge 10:30-1:30



# STONEWALL

28-30 N. 10th Street Allentown, PA 18101 610-432-0215

**Dance**



**Eat**



**Play**



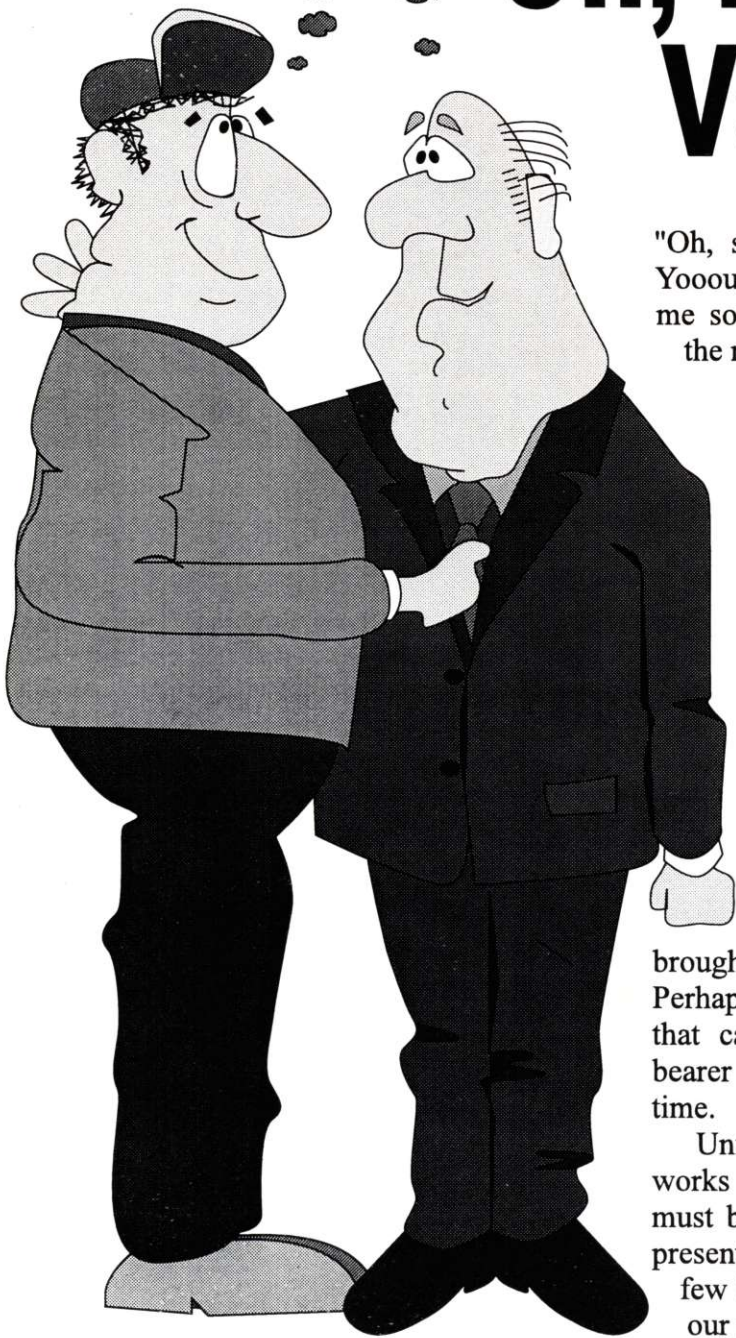


# Oh, My Sweet Valentine !

"Oh, sweet mystery of life at last I found Yooou, ... now get off that lazy butt and get me something, or your whereabouts will be the mystery!"

Yes, it's that special time of year once again. That time where we do our best to show that special someone just how much we care. Extravagant gifts, pounds of chocolates, sweet smelling flowers. Many people think that there can be nothing worse than to be single on St. Valentine's Day. No romantic dinners, no cooing over candle-lit, champagne toasts, ...no running for the door before the frying pan (that you bought) hits you!! What about those poor individuals who are going to end up single before Valentine's Day is over? You know, the ones who forgot to buy a gift or, worse yet, brought home something that hit a bad nerve. Perhaps you've had a sweetheart who fell into that category, or possibly you've been the bearer of less than loving gifts from time to time.

Unfortunately there is no sure thing that works in every situation. Careful research must be done to make sure that the gift you present will not present a problem. Here are a few bad ideas that have been compiled into our top ten list for the month.





## Top Ten Things NOT to buy as a Valentine's gift

**10. Edible underwear with a bite-mark already showing**

-this isn't something you should have the sales clerk demonstrate the use of.

**9. A 6-Month membership to Porky's Fitness Farm**

-could be that a box of chocolates would work better here.

**8. A Living Pet Of Any Kind**

-as hard as you have to work for attention, you don't want to be forced to share it.

**7. A Four Course Meal at McDonalds**

-a memorable meal doesn't mean you have to see it twice.

**6. That Beautiful 20 Karat Cubic Zirconium Ring from the Home Shopping Club**

-diamonds are a "girls" best friend, not sugar crystals grown on a string.

**5. Chocolate Covered Mothballs**

-really, buying candy at the "Dollar" store!

**4. Sex Toys Bigger Than You Are**

-better have a key to the bedroom, if you ever want to get back in there.

**3. A Bottle Of MAD DOG 20/20**

-you'll need 20/20 vision to get away from the mad dog you'll create.

**2. A Framed Picture Of Yourself**

-dart boards shouldn't be framed

**1. Flowers From The 7-11**

-most people know what dead flowers look like.



**DO IT  
RIGHT THIS  
VALENTINE'S  
DAY!**



**GREAT FOOD,**



**YOUR WINE,**



**COMFORTABLE  
SPACE**

**MONTEREY**  
817 LINDEN STREET  
ALLENTOWN, PA

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FEBRUARY 14**



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(610) 435-4080**





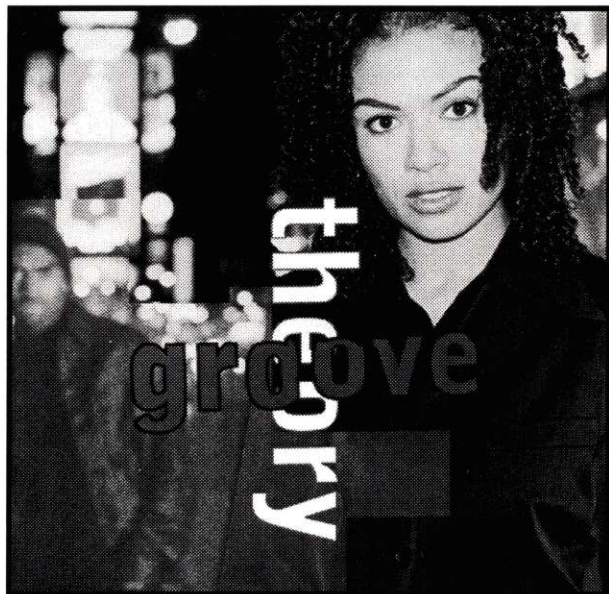
# Music

by  
C. Robert Frank

**Title:** Protection

**Artist:** Massive Attack

Let's face it, walking into a CD store can be a confusing, if not frightening, experience. Thousands of artists scream, "Save my recording contract, BUY ME!" With your head in a spin, you grab Mariah Carey and make a break for the register. Protection has already had its one year anniversary, but now may be the perfect time to grab your copy. Madonna's sultry "I want you" from her Something To Remember album is blessed with Massive Attack's rhythm. Everything But The Girl's lead singer, Tracy Thorn, makes two guest appearances on Protection. Get the picture?! Massive Attack Protection is not Gangsta Rap as their name might suggest, and it's not hard core as the cover art might suggest. Protection is a steamy and seductive collection of rhythms graced by some of the finest vocalists. Throw in Nellee Hooper's often magical touch and you have a massive work of art.



**Title:** Groove Theory

**Artist:** Groove Theory

Without the proper push and shove, "Tell Me" could, unfortunately, make Groove Theory a one hit wonder band. Songs with socially aware themes (such as this album's "10 Minute High" and "Boy At The Window") often have a difficult time finding the airwaves. The biggest shame is that they are the finest works on Groove Theory. As a whole, Groove Theory only falls short on two cuts whose names I've already forgotten. Why? Because there are twelve other glorious cuts to focus on. If you grabbed Repercussions or Brand New Heavies last year, Groove Theory will keep you Jazz Hoppin' in '96!

**massive  
attack**  
*protection*



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who are looking for your services.

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AboveGround**

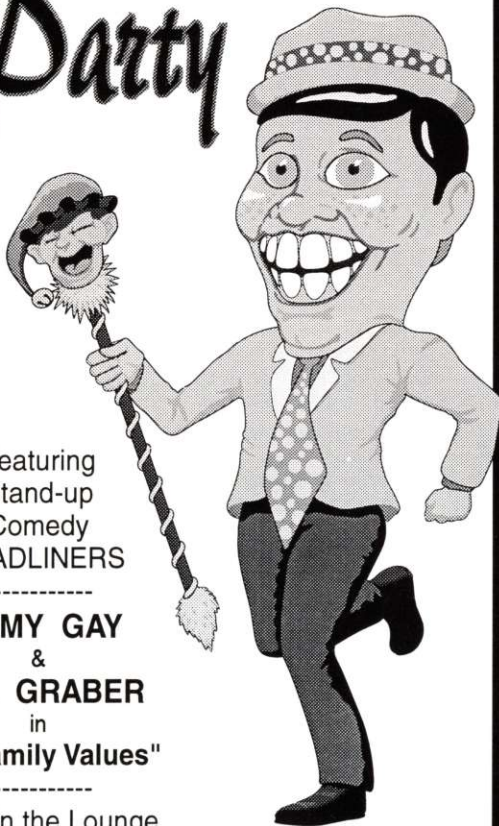
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Comedy  
**HEADLINERS**

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**EMMY GAY**

&

**BILL GRABER**

in

**"No Family Values"**

-----

11PM in the Lounge

## Friday, Feb. 16

# STONEWALL

28-30 N. 10th Street Allentown, PA 18101 610-432-0215

## DJ's TOP TEN

DJ : Cruz  
Club: B-TLS / Harrisburg

1. Missing  
EVERYTHING BUT THE GIRL
2. Be My Lover  
LA BOUCHE
3. Did You Ever Really Love Me?  
NICKI FRENCH
4. Passion Of The Night  
CLUBZONE
5. Set You Free  
PLANET SOUL
6. I Kissed A Girl  
JILL SOUBLE
7. Fairground  
SIMPLY RED
8. Every Shade Of Blue  
BANANARAMA
9. Missing  
NO MERCY
10. Electric Boogie  
(Queen of the Night Mix)  
MARCIA GRIFFITHS  
(add. prod. & rmx by DJ Heidi Linn)

DJ : Casey  
Club: SCARAB / Reading

1. Be My Lover  
LA BOUCHE
2. Running Around Town  
BILLIE RAY MARTIN
3. Take Me Higher  
DIANA ROSS
4. Boriqua Anthem  
C&C MUSIC FACTORY
5. A Mover La Concita  
ARTIE
6. Set U Free  
PLANET SOUL
7. Beautiful Life  
ACE OF BASE
8. Passion Of The Night  
CLUBZONE
9. Missing  
NO MERCY
10. Same Thing In Reverse  
BOY GEORGE

### REQUEST

DJ : Lis Flynn  
Club: DIAMONZ / Bethlehem

1. Lick It  
ROULLA
2. It's A Beautiful Life  
ACE OF BASE
3. To Deserve You  
BETTE MIDLER
4. Sexual Healing  
MAX-A-MILLION
5. Earth Song  
MICHAEL JACKSON
6. Missing  
EVERYTHING  
BUT THE GIRL
7. Tonight Is The Night  
CHIC
8. Be My Lover

- slow-----
9. One Sweet Day  
MARIAH CAREY  
& BOYZ TO MEN
  10. You'll See  
MADONNA

DJ : Michael De Cero  
Club: CARTWHEEL / New Hope

1. Movin' Up  
DREAMWORLD
2. When You Need Somebody  
GLADEEZ
3. The Lover That You Are  
PULSE
4. Energy  
DEVONÉ
5. This Time Around (uno clio mix)  
MICHAEL JACKSON
6. Who Do U Love  
DEBORAH COX
7. Lift Me Up  
CONNIE & JUNIOR
8. Hot Shot  
YOUNG GIRL
9. One By One  
CHER
10. The New Anthem  
NJOI

DJ : David Petrilla  
Club: STONEWALL / Allentown

1. Itchy Coo Park  
M PEOPLE
2. Shoot Me With Your Love  
D-REAM
3. Earth Song  
MICHAEL JACKSON
4. Be My Lover  
LA BOUCHE
5. Let There Be Light  
MIKE OLDFIELD
6. The New Anthem  
NJOI
7. Imitation Of Life  
BILLIE RAY MARTIN
8. The Winding Song  
DOUBLE PLUS GOOD
9. Hideaway  
DE'LACY
10. Ethyl's Little Trip  
CHLOR-RIDE

### VIDEO

VJ : Mitzi D  
Club: STONEWALL / Allentown

1. Be My Lover (spike mix)  
LA BOUCHE
2. Everybody Be Somebody  
PUFFNECK
3. Freaks  
LIPPY LOU
4. To Deserve You (rmx)  
BETTE MIDLER
5. Running Around Town (rmx)  
BILLIE RAY MARTIN
6. Try Me Out (bonus mix)  
CORONA
7. Magic Carpet Ride  
THE MIGHTY DUB KATS
8. Toccata & Fugue (rmx)  
VANESSA-MAE
9. I Am Ready  
SIZE 9
10. Take Me Higher (rmx)  
DIANA ROSS



# Theatre & Performing Arts

## Playing This Month

### Pennsylvania Playhouse

#### **JAKE'S WOMEN**

Continuing through Feb. 11  
for info call:(610)865-6665

### Moravian College

#### **THE SON OF ARLECCHINO**

Feb. 2-11  
for info call:(610)861-1489

### State Theatre

#### **MANDY PATINKIN**

February 4, 7pm  
for info call:(610)252-3132

### Touchstone Theatre

#### **KRAZY KAT**

Feb. 6-10

#### **BLUFF**

Feb. 13-17

#### **THE BUDDY PERFORMANCE**

Feb. 20-24  
for info call:(610)867-1689

### Theatre Outlet

#### **THE SWAN**

Feb. 8-25  
for info call:(610)820-9270

### Albright College

#### **THE MEMBER OF THE WEDDING**

Feb. 9-17  
for info call:(610)921-7547

### Cedar Crest College

#### **SCHEHERAZADE**

Feb. 10-25  
for info call:(610)606-4608

### Allentown College Theatre

#### **SCULLERS**

Feb. 21-Mar. 3  
for info call:282-3192

### Muhlenberg College Theatre

#### **OLEANNA**

Feb. 21, 23 & 25

#### **SUBURBIA**

Feb. 22, 24 & 25  
for info call:(610)821-3333

## Dark Horse Rides into the Valley

A new acting company has formed in the Lehigh Valley. The Dark Horse Theatre Company resides at the Roxy Theater in Northampton and offers children's productions as well as other theatrical productions throughout the year.

The Dark Horse Theatre Company is composed of regular and special education teachers, mental health professionals, and others who are members of Lehigh Valley businesses. All the members of the company have had experience in either professional or community theater. Artistic Director, Lori Savick, has acted in film and community theater. She has been an officer on the executive committee for the Pennsylvania Playhouse. Lori has been employed by Bethlehem Area School District for the past ten years as an elementary teacher. Artistic Director, Rob Adams, received his BA in theater from Allentown College and has acted, directed, and been involved in other capacities with many theatrical productions. He has been employed in the mental health field at Vitalistic Therapeutic Center in Bethlehem for the last nine years. Rob is also a member of the National Association for Drama Therapy.

In February 1996 the Dark Horse Theatre Company will be offering a delightful and imaginative children's revue with music called "Magic Theatre" written by Sandra Mathews-Deacon. This play is suitable for children in grades pre-K through four, and is an interactive series of vignettes that deal with social/emotional issues such as cooperation, peace, conflict resolution, and appreciation of diversity. "Magic Theatre" has been well received by both children and critics. The Los Angeles Times acclaimed it as one of the best shows of the year. The hour long show will run on February 15, 17, 18, 22 and 24 at varying times with all seating for general admission being \$4. For more information please call 261-4351.



## DON'T FALL...

## CALL

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PGR # : 610-791-8449



**PRE-HOLIDAY TEA DANCE - Sunday, February 18**

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for **LIFE**

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at Cafe Mo

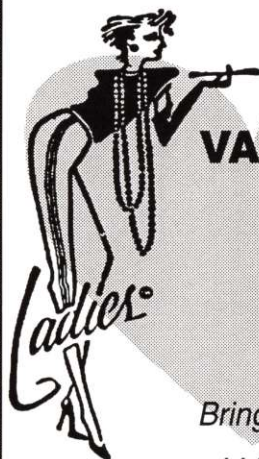
**Thursday**

**Feb. 8**

and part of the  
proceeds will go  
to ActionAIDS  
of Philadelphia

Dining Hours:  
5:30pm - 11pm

Reservations suggested for this event



**LADIES  
SPECIAL  
VALENTINE'S  
PARTY**

**Sunday  
February 11**

*Bring your Sweetheart  
...or meet her here!*

*Oh yes it's...*

**LADIES  
NIGHT**

**Every Tuesday**

(beginning February 13)

*Come out and join the fun!*

Come out  
and welcome

**KEITH  
GEHMAN**

to our staff.

Keith is the Cover model for the  
March issue of MANDATE Magazine  
and has formerly served as bartender  
at the Stonewall bar in Allentown, PA.  
Come on out and welcome him aboard!

It's all happening at...

**CARTWHEEL**

—of course!—

**ROUTE 202**

**NEW HOPE PA**

**215-862-0880**



# 20 To Your Health!

## Hand Job

by Dr. John Cochran

Computers put a different slant on the term manual labor. Click, click, click on a computer key board seems a benign way to work but it can cause a painful, debilitating physical condition called carpal tunnel syndrome.

Carpal Tunnel Syndrome is a type of repetitive strain injury. The carpal tunnel is an area created by the configuration of the wrist bones. The bones of the wrist come together in the shape of a shallow valley. Passing through this shallow valley of bone are nine tendons. These tendons begin in muscles located in the forearms that help create the movement of the fingers. The median nerve, which brings feeling to the thumb, index, middle and half of the ring finger, also passes through the carpal tunnel. Capping the carpal tunnel is a tough strap of ligament called the flexor retinaculum. With all of these bones, tendons and nerves coming together in this manner, the carpal tunnel is a very crowded area.

As the fingers move, the tendons controlling that movement glide back and forth under the flexor retinaculum. If this area becomes irritated, the tendons can swell, squeezing the median nerve as they pass through the carpal tunnel.

Carpal Tunnel Syndrome most recently has been associated with the pervasive use of computers in the workplace, but it was first identified in the 19th century. It became a well known entity in the 1940s and 1950s when the frequency of cases where median nerve compression at the wrist increased and the surgical treatment was well understood. As a work-related disorder, CTS is shared with data processors, artists, machinists and many other people whose occupations or hobbies require precise, repetitive and movements

Many sufferers of Carpal Tunnel Syndrome experience a considerable amount of discomfort in the forearm, upper arm, armpit, shoulder and neck. It should also be noted that a misalignment of the cervical spine can cause an irritation of the median nerve mimicking the same discomfort. Common symptoms include weakness, aching, burning, limited range of motion, numbness and tingling. All of these symptoms as stated can be caused by restriction of the fascia of the upper body in association with a vertebral subluxation. Weakness, aching and limited range of motion are often caused by restriction in the fascia as it permeates through muscle tissue. Burning, numbness and tingling can be caused when the fascia covering nerve tissue becomes stressed.

Another cause is when a previous wrist fracture has healed slightly out of position. Young mothers are affected during pregnancy when the tissues and sometimes the nerve in the carpal tunnel swell. Usually this clears after delivery, but may not always. It can run in families and is more common among women than men. Although CTS symptoms are widely publicized, the disorder may be overlooked because older people attribute the pain to arthritis or old age. "Carpal Tunnel Syndrome starts generally in the 40s, but people in their 20s with high demand jobs come in for help, and sometimes both hands are affected. The real tragedy is that people with CTS can be helped, but delaying treatment can lead to permanent nerve or muscle damage." There are many ways the problem of Carpal Tunnel Syndrome can be approached. First, non-surgical means of relieving the pain including chiropractic care, and exercises, night splints, anti-inflammatory drugs, or injection directly into the carpal tunnel should be tried. These methods of treatment can relieve the symptoms for a large percentage of CTS patients. If non-surgical methods do not work within a 6 month to a year's time there is surgery which becomes necessary in about one-fourth to one-third of the cases. For the surgery,

called carpal tunnel release, the surgeon relieves the pressure on the median nerve by cutting the transverse ligament, allowing more room in the carpal tunnel and, if necessary, removing the tendon synovium if it is excessive. The surgery is done on an outpatient basis with either local or general anesthetic. Follow-up care may include rehabilitation exercises to improve strength circulation and range of motion.

The key to relieving carpal tunnel syndrome is early detection. A Chiropractor, Osteopaths or an M.D. should be able to perform simple tests to determine the cause of the problem. A conservative approach should always be considered first. In many cases specially designed stretching exercises given to the

(610) 433-6260



**David A. Nicholls**

ATTORNEY AT LAW

609 HAMILTON MALL  
ALLENTOWN, PA 18101



patient by any of the above mention health care providers can result in a very high relief for sufferers of carpal tunnel syndrome as well as other repetition strain injuries. By practicing the exercises suggested for the symptoms a patient can begin the process of restoring the body to its normal comfortable and full, function state.

*Dr. Cochran is a practicing chiropractor with offices Valley Plaza at 1874 Catasauqua Road next to Service Merchandise.*

*If you have a medical question you would like answered by one of AboveGround's contributing writers, please send it to: "To Your Health" c/o AboveGround Magazine, P.O. Box 1656 Allentown, PA 18105-1656.*

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# There's Something Queer about Tuesday!



## It's Gay & Lesbian ROLLER-SKATING!

with  
Music by DJ Chris Frank

Bring your own skates and rollerblades  
or use a rental pair at no additional cost!

**Tuesday, February 27**

Skateaway Roller Rink  
Lehigh & MacArthur Rds  
Whitehall, PA

7:30pm - 10:30pm  
\$5.00

**Tuesday, March 26**

Skateaway Roller Rink  
4500 William Penn Highway  
Bethlehem, PA

7:30pm - 10:30pm  
\$5.00



a benefit for  
**LEAGUE OF GAY AND LESBIAN VOTERS**  
LEHIGH VALLEY CHAPTER • (610) 432-5449

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## THE DRAG QUEENS

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A.C.O.A.

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Feminist Issues

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Bethlehem, PA 18018  
610.865.1006



## Victim of Discrimination Because You are Gay or Lesbian? *Let Your Story be Heard!*

Has anyone ever harassed you at work because you are gay or lesbian? Have you had to listen to derogatory jokes about gays but kept quiet about it because you were afraid to speak up? Have your employers made you feel if you were out at work you would lose your job, how did they make you feel this way? Have you ever lost your job because of your sexual orientation?

How about housing? Have you ever been denied a place to live because you are gay or lesbian? Have you been harassed by your neighbors? What about mortgages, leases or housing loans? Have you ever been denied those because of your sexual orientation?

Discrimination doesn't have to be blatant to be real. If you have had to work with a co-worker who was openly hostile toward gays, that's discrimination. Did you ever have a supervisor tell you to try harder to get along with a bigot, rather than telling the bigot to practice tolerance in the workplace? Think carefully about why you are not out at work, have you already experienced some type of discrimination that has made you afraid for your job?

The Lehigh Valley Chapter of the League of Gay and Lesbian Voters wants to hear your story. They need personal accounts of discrimination in the Allentown area to recount to local government members in support of the need for an anti-discrimination ordinance. You do not have to give your name, and your story will be confidential unless you choose otherwise. Contact Liz Bradbury or Trish Sullivan, coordinator of the Voter's League, at 432-5449 and tell them your story.

CLINICAL MEMBER:  
AMERICAN ASSOCIATION FOR  
MARRIAGE & FAMILY THERAPY

A.A.S.E.C.T. CERTIFIED  
SEX THERAPIST

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## Complimentary Issue Outlets

### ALLENTOWN

Candida  
247 N. 10th St.

### Grace Covenant

Fellowship  
247 N. 10th St.

### MCC/Lehigh Valley

@St. John's UCC  
6th & Walnut Sts.  
(Sun.Eves. only)

### Open Space Gallery

913 Hamilton Mall

### Seattle Espresso

722 Hamilton Mall

### Stonewall /

Moose Lounge  
28-30 N. 10th St.

### BETHLEHEM

Diamonz  
1913 W. Broad St.

### EASTON

Hare Art Studio  
241 Northampton St.  
2nd Fl.

### EMMAUS

The Book Rack  
705 Chestnut St.

### HARRISBURG

B-TLS  
891 Eisenhower Blvd.

### Stallions

706 N. 3rd Street

### HELLERTOWN

Zeitgeist Bei  
Wassergass  
3952 Lower Saucon Rd.

### NEW HOPE

The Book Gallery  
Mechanic Street

### Blue Ribbon Gallery

78 Ney Alley

### The Cartwheel

Route 202

### The Raven

385 West Bride St.

### PHILADELPHIA

Giovanni's Room  
345 s. 12th St.

### READING

The Scarab  
724 Franklin St.

### WHITEHALL

Barnes & Noble  
Bookstore  
2590 MacArthur Rd.

### WILKES-BARRE

Babes'  
1267 Main St.  
(Port Griffith-Pittston)

### Selections

45 Public Square  
Wilkes-Barre Center



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# Horrorscoops

by Evil Esther



**AQUARIUS**  
Jan. 20-Feb. 18

Remain objective, it is your strong point. Events unfold this month that will challenge your faith in others. Keep your eyes open, and your heart. Pisces native is at the center of the controversy. Time away is the key.



**PISCES**  
Feb. 19-March 20

Memories are made this month! Take a mental picture of the faces you meet this month, the stars say one of them might be the one! Take every chance to get to know new people, put yourself in the spotlight.



**ARIES**  
March 21-April 19

Be your own Valentine. That recent break-up was meant to happen for a good reason. Time alone isn't time wasted this month. Don't let the happiness of friends make you feel less than loved.



**TAURUS**  
April 20-May 20

Why wait? Take the chance you've been thinking about recently and turn it into a romantic surprise! You will not be disappointed by the results. Timing is everything, seize the moment.



**GEMINI**  
May 21-June 20

Are you still focused on attaining that recent goal? Your immediate future depends on what you do by the end of this month. Be honest to yourself about what you want. It's later than you think!



**CANCER**  
June 21-July 22

Cupid doesn't have his bow aimed at you - so what?!? Who wants a dart in the backside anyway? This is the time to spend on yourself, not worrying about that relationship that keeps eluding you.



**LEO**  
July 23-Aug. 22

Stop and look inside yourself. See what is there? Others see it too, and this is both good and bad. Success in any situation starts with the ability to realize your limitations and shortcomings. A friend is there to see you through.



**VIRGO**  
Aug. 23-Sept. 22

Work seems to be eating away at you this month. Some time off isn't recommended now, but plan for the middle of March. Stick to it and it will soon pass. Good things are around the corner.



**LIBRA**  
Sept. 23-Oct. 22

Don't let the cold weather slow you down this month. Find new things to do to kick the winter blues. There is a whole world out there waiting for you to become a part of it. Try new things.



**SCORPIO**  
Oct. 23-Nov. 21

Passion highlighted this month for you! Physical relationship takes a turn for the permanent, are you ready? Don't let the moment pass you by, it could be fun like this for the rest of your life!



**SAGITTARIUS**  
Nov. 22-Dec. 21

There is still a cloud hanging over you financially. Make sure your investments are sound, and don't forget about that nest-egg! Things will clear towards the end of the month. Hang in there!



**CAPRICORN**  
Dec. 22-Jan. 19

The future will happen regardless of the past and despite the present. Your birthday wasn't all you'd hoped it would be, but look to the gifts you have and put them to use. Let it ride, for now.



# News from LGLV

## Lesbians and Friends

LGLV has canceled its Lesbians and Friends Dance that was scheduled for Feb. 10. LGLV encourages everyone to attend the Rainbow Ball sponsored by the Berks County Gay and Lesbian Alliance in Reading instead. The Lesbian and Friends events will resume at a later date. For more info call Liz Bradbury and Trish Sullivan at (610)432-5449.

## Voter Registration

March 25 is the last day to register to vote before the Primary Elections. Anyone who needs to register should contact the League of gay and lesbian Voters at (610)432-5449. Voter Registration forms will also be available at Diamondz and Stonewall. This year we will be electing the President, Congressman, and State Representatives.

# Community Resources

## Bars / Clubs

### ALLENTOWN

#### *Candida*

247 N. 12th St.  
610-434-3071

#### *Stonewall & Moose Lounge*

28-30 N. 10th St.  
610-432-0215

### BETHLEHEM

#### *Diamondz*

1913 W. Broad St.  
610-865-1028

### HARRISBURG

#### *B-TLS*

891 Eisenhower Blvd.  
717-939-1123

#### *Neptune Lounge*

268 North St.  
717-233-3078

#### *Stallions*

706 N. 3rd St.  
717-232-3060

### NEW HOPE

#### *Cartwheel*

Route 202  
215-862-0880

#### *Raven*

385 W. Bridge St.  
215-862-2081

### READING

#### *Scarab*

724 Franklin St.  
610-375-7878

## Bars / Clubs continued

### WILKES-BARRE

#### *Babes\**

1267 Main St.  
Port Griffith-Pittston  
717-883-7877

#### *Selections*

45 Public Square  
717-829-4444

### AIDS Related

#### Organizations

#### *AIDS Outreach*

112 N. 5th St.  
Allentown, PA 18102  
610-435-8424

#### *AIDS Services Center*

60 W. Broad St.  
Suite 205  
Bethlehem, PA 18108  
610-974-8701

#### *Allentown Health*

Bureau -HIV testing  
245 N. 6th St.  
Allentown, PA 18102  
(contact David Moyer)  
610-437-7742

#### *FACT*

P.O. Box 1028  
Allentown, PA 18105  
610-820-5519

#### *FACT Bucks County*

P.O. Box 616  
Buckingham, PA 18912

#### *Latino AIDS Outreach*

610-861-6845

## Community/Social Organizations

#### *Lehigh Valley Gay & Lesbian Task Force*

P.O. Box 20253  
Lehigh Valley, PA 18002  
610-515-1551

#### *Lehigh Valley*

#### *Gay Men's Chorus*

P.O. Box 20712  
Lehigh Valley, PA 18002  
610-740-0247  
610-821-0578

#### *Lehigh Valley Lesbians*

Bethlehem, PA  
610-253-5454

#### *North Eastern Pennsylvania*

#### *TransGender Assoc.*

P.O. Box 3694  
Easton, PA  
18043-3694  
610-821-2955  
E-mail: Gendrfrend@aol.com

#### *P-Flag*

215-368-2473  
215-234-4049

#### *PRIDE of the*

#### *Lehigh Valley*

P.O. Box 20804  
Lehigh Valley, PA 18002  
610-770-6200

#### *Velvet Spikers*

volleyball-tennis  
P.O. Box 21862  
Lehigh Valley, PA  
18002-1862  
610-434-2966

## Religious Affiliations

#### *Grace Covenant Fellowship*

247 N. 10th St.  
Allentown, PA 18102  
610-740-0247

#### *Hope Ministries*

Rev. Bob J. Forté  
610-791-0716  
24 hrs.-leave message.

#### *Integrity*

610-395-1785  
610-758-8642

#### *MCC of the Lehigh Valley*

-worship at St. John's UCC  
6th & Walnut Sts.  
Allentown, PA 18102  
610-439-8755

#### *Phoenix Ministries, ULC Inc.*

Rev. Joël S. Diehl, DD, MsD.  
610-433-5325 leave message

## Community/Social Organizations

#### *Berks Gay & Lesbian Alliance*

P.O. Box 417  
Reading, PA 19603-0417  
610-373-0674

#### *Gay Men of the*

#### *Lehigh Valley*

Bethlehem, PA  
610-439-8755

#### *League of Gay & Lesbian Voters*

Lehigh Valley Chapter  
P.O. Box 20781  
Lehigh Valley, PA  
18002-0781  
610-432-5449

If your organization would like to be listed in AboveGround Magazine, Call (610)821-1321 or write P.O. Box 1656 Allentown, PA 18105-1656



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☐ real estate-rent ☐ real estate-sale ☐ misc ☐ other

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**Allentown, PA 18105-1656**



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(Bethlehem)

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Allentown, PA 18102

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